



## Participant Medical History and Physician Consent Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

These conditions may suggest precautions and contraindications to equine activities.

Does the Participant.....	YES	NO	Comments
Have a history of seizures? Type? Controlled?			Date of last seizure:
Follow simple directions?			
Have speech or language difficulties?			
Have communication difficulties?			
Walk independently?			
Have limited range of motion?			
Have decreased strength/endurance?			
Have poor balance (sitting/standing)?			
Have problems with gross motor skills?			
Have problems with fine motor skills?			
Have altered sensation? (specify)			
Have heart/circulation problems?			
Have bone/joint problems?			
Have allergies or breathing problems?			
Have emotional/behavioral problems?			
Have digestion/elimination problems?			
Have a fear of animals/horses?			

Does this person demonstrate explosive/violent behavior or the potential for explosive/violent behavior?

**Yes** or **No** If Yes, please explain: \_\_\_\_\_

Medical History: \_\_\_\_\_

Surgical Procedures (Past and/or future): \_\_\_\_\_

Medications: \_\_\_\_\_

**IF DIAGNOSIS IS DOWN SYNDROME, PARTICIPANT MUST HAVE:**

- 1) Yearly Neurologic Evaluation for Symptoms of Atlantoaxial Instability.
- 2) A signed and dated statement from acting surgeon giving the date and result of procedure.

**Courage may require further information to ensure mounted activities are in the best interest of the client.**

**IF PARTICIPANT HAS HAD A SPINAL INJURY OR INJURY TO ANY BONES THAT REQUIRED SURGERY; PARTICIPANT MUST HAVE:**

- 1) A signed and dated statement from a qualified physician giving the date and result of an X-Ray dated within 3 years.

**I UNDERSTAND THAT COURAGE TRC, INC WILL USE THIS INFORMATION TO EVALUATE THIS INDIVIDUAL'S ELIGIBILITY TO PARTICIPATE IN EQUINE-ASSISTED ACTIVITIES.**

**IN MY OPINION THE PATIENT NAMED ABOVE IS NOT MEDICALLY PRECLUDED FROM PARTICIPATION IN EQUINE-ASSISTED ACTIVITIES AND/OR THERAPIES UNDER APPROPRIATE SUPERVISION.**

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's printed name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

*For questions please contact  
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